

HERTFORDSHIRE COUNTY AAA T&F CHAMPIONSHIPS

SUNDAY 16 MAY 2004 AT WATFORD

SENIOR MEN

100 metres (-0.2)

1	N Barton	HPX	11.5
2	J Lever	SBH	11.9

200 metres (-1.3)

1	P Stafford	HPX	22.9
2	J Lever	SBH	23.9
3	R Timmann	WAT	24.4
4	A Love	WAT	24.7

400 metres

1	G Smith	High	50.6
2	D Clifford	SBH	51.6
3	N Poulakis	StA	53.7
4	A Love	WAT	54.9

800 metres

1	L Wells	E&H	1:57.6
2	S Dixon	London H	1:57.6
3	T Woodthorpe	Notts	2:02.2

5000 metres

1	I Johnston	Shett	15:45.9
2	C Taylor	D&T	18:34.8

110m Hurdles (-0.7)

1	S Wombwell	HPX	18.2
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3000m Steeplechase

1	R McCormick	BAR	10:18.2
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Pole Vault

1	P Hoad	E&H	4.00m
2	S Leader	E&H	4.00m

Long Jump

1	N Barton	HPX	7.10m (+2.2)
2	J Lever	SBH	6.21m (+0.0)

Shot

1	C Sagers	E&H	14.19m
2	B Solomon	HPX	10.75m
3	T Saunders-Mullins	SNH	9.03m

Discus

1	N Woolcott	E&H	47.93m
2	C Sagers	E&H	43.40m

Hammer

1	C Sagers	E&H	63.76m (CBP)
2	T Saunders-Mullins	SNH	26.10

Javelin

1	N McLellan	SNH	66.29m
2	A Lovett	E&H	64.87m
3	T Ratcliffe	D&T	58.19m

U20 MEN

100 metres (-0.2)

1	S Kilbey	SBH	11.5
2	T Lake	HPX	11.5
3	D Collins	HPX	12.6
4	J Ralph-Davies	HPX	12.7

200 metres (-1.3)

1	S Kilbey	SBH	23.2
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400 metres

1	G Dodd	HPX	48.8
2	R Rumble	HPX	52.7
3	O Keates	HPX	53.4
4	M Holding	SNH	53.7

800 metres

1	R Fowler	E&H	1:55.9
2	D Poulton	SNH	1:56.5
3	M Tarpey	HPX	2:07.7
4	L Harris	D&T	2:15.8

110m Hurdles (-0.7)

1	J Tenny	WAT	15.0
2	R Hansard	D&T	15.3
3	R Jones	HPX	16.1

400m Hurdles

1	O Keates	HPX	61.5
2	A Brett	WAT	65.7
3	R Lamb	HPX	69.1

High Jump

1	R Rumble	HPX	1.75m
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Pole Vault

1	P Yeomans	WAT	3.60m
2	R Rumble	HPX	3.00m

Long Jump

1	T Lake	HPX	6.57m (+0.9)
2	R Jones	HPX	5.88m (+0.2)
3	J Ralph-Davies	HPX	5.44m (-0.2)

Shot

1	S Daly	D&T	10.42m
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Discus

1	R Rumble	HPX	33.96m
2	S Daly	D&T	31.60m

Javelin

1	A Hull	SBH	41.87m
2	R Rumble	HPX	32.69m

U17 MEN

100 metres (+0.4)

1	A Daish	HPX	11.3
2	L Taylor	unatt	11.9
3	T Catchpole	WAT	12.0
4	S Rayner	BAR	12.4
5	B Whitaker	SNH	12.5
6	J Gallagher	StA	12.6
7	I Simson	D&T	13.1

200 metres (-0.3)

1	A Daish	HPX	22.7
2	B Speed	WAT	23.6
3	C Beck	WSEH	23.6
4	B Whitaker	SNH	24.5
5	S Brown	StA	24.5
6	S Rayner	BAR	25.1

400 metres

1	B Speed	WAT	52.0
2	S Brill	StA	52.7
3	S Smith	HPX	52.7
4	M Cohen	SBH	53.3
5	B Whitaker	SNH	61.8

800 metres

1	S Smith	HPX	2:04.8
2	R Tarpey	HPX	2:08.5
3	M McKechnie	SNH	2:17.4
4	A Gardner	D&T	2:22.4

100m Hurdles (+0.9)

1	P Barrett	HPX	15.0
2	R Taylor	D&T	15.6

400m Hurdles

1	P Barrett	HPX	59.2 (CBP)
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1500m Steeplechase

1	J Pepper	E&H	4:30.9 (CBP)
2	J Parslow	D&T	5:05.4

High Jump

1	L Pirie	SNH	1.75m
2	P Barrett	HPX	1.75m
3	B Briody	CavSch	1.65m

Pole Vault

1	L Cordell	D&T	3.60m
2	B Briody	CavSch	3.20m
3	C Beck	WSEH	2.90m

Long Jump

1	M Withers	StA	5.87m (+1.2)
2	C Beck	WSEH	5.54m (+1.2)
3	I Simson	D&T	5.02m (-0.3)

Triple Jump

1	B Shipley	D&T	11.83m (+1.6)
2	M Withers	StA	11.31m (+1.0)

Shot

1	P Gamester	E&H	12.64m
2	G Mitchell	D&T	11.44m
3	S Rayner	BAR	7.21m

Discus

1	P Gamester	E&H	37.81m
2	G Mitchell	D&T	35.42m

Hammer

1	P Gamester	E&H	28.69m
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U15 BOYS**100 metres Heat 1 (-1.0)**

1	S Leung	SNH	12.3
2	M Wyatt	WAT	12.4
3	C Hooton	D&T	12.6
4	F Maisey-Curtis	WAT	13.4
5	D Nansoz	StA	13.5

100 metres Heat 2 (-0.2)

1	I Tobin	HPX	12.2
2	M Weekes	WAT	12.2
3	T Augier	Unatt	12.3
4	M Daly	LPkSch	14.7

100 metres Final (-0.8)

1	M Weekes	WAT	12.1
2	I Tobin	HPX	12.2
3	S Leung	SNH	12.2
4	T Augier	Unatt	12.3
5	M Wyatt	WAT	12.5
6	C Hooton	D&T	12.6
7	F Maisey-Curtis	WAT	13.5

200 metres (-1.8)

1	I Tobin	HPX	24.4
2	S Leung	SNH	24.7
3	M Weekes	WAT	24.7
4	D Nansoz	StA	27.2
5	F Maisey-Curtis	WAT	28.4

400 metres

1	M Weekes	WAT	56.9
2	A John	StA	58.1
3	E Gardner	D&T	65.1
4	J Oxley	StA	66.7

800 metres

1	S Pollen	SNH	2:12.3
2	S Collins	E&H	2:12.5
3	J Hutchinson	D&T	2:17.2
4	J Macaleer	LPkSch	2:28.5
5	J Oxley	StA	2:31.6
6	S Ng	StA	2:32.0
7	C McKechnie	SNH	2:32.0
8	M Steptoe	D&T	2:35.5
9	K Webb	StA	2:56.9

80m Hurdles (-1.0)

1	S Barnard	E&H	11.6 (CBP)
2	D Paar	SNH	12.4
3	D Cooper	StA	13.0
4	H Rutledge	Unatt	13.6
5	J Oliver	D&T	15.0

High Jump

1	D Cooper	StA	1.65m
2	J Hutchinson	D&T	1.65m
3	J Oliver	D&T	1.40m

Long Jump

1	I Tobin	HPX	5.73m (+0.9)
2	C Hooton	D&T	5.14m (+0.1)
3	F Maissey-Curtis	WAT	4.65m (+0.0)
4	L Lundgren	StA	4.47m (+0.8)

Triple Jump

1	A John	StA	10.51m (+0.9)
2	S Ng	StA	10.21m (-0.9)

Shot

1	A Ralph	StA	10.55m
2	S Watson	D&T	9.51m
3	B Flash	D&T	9.04m

Discus

1	A Ralph	StA	30.96m
2	S Watson	D&T	28.88m
3	M Davis	StMSch	27.54m
4	J Rogers	StA	24.88m
5	J Shaw	HPX	24.37m
6	B Flash	D&T	21.11m

Hammer

1	B Flash	D&T	26.53m
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Javelin

1	J Hutchinson	D&T	34.92m
2	J Shaw	HPX	33.71m
3	A Lewis	StMSch	32.10m
4	J Rogers	StA	30.48m
5	A Akselberg	StA	28.74m
6	J Parks	D&T	27.25m

U13 BOYS**100 metres (-0.4)**

1	J Tennyson	HPX	13.8
2	C Daish	HPX	14.0
3	C Brewer	LPkSch	14.2
4	D Kilbey	SNH	14.8
5	F Frimpong	LPkSch	14.9
6	G Laycock	D&T	16.1
7	G Taylor	D&T	17.8
8	R Doyle	D&T	17.8

200 metres (+1.4)

1	C Daish	HPX	28.9
2	J Gaynor	HPX	29.6
3	D Kilbey	SNH	29.7
4	N Fleming	BAR	32.1
5	G Laycock	D&T	35.0
6	R Doyle	D&T	41.6

800 metres

1	N Fleming	BAR	2:25.1
2	G Brown	HAR	2:29.9
3	J Thie	D&T	2:36.8
4	T Smith	LPkSch	2:45.8
5	C McPhail	LPkSch	2:46.3
6	L Keble	SNH	2:47.1
7	J Graham	SNH	2:47.5
8	B Webb	StA	3:18.3
9	G Taylor	D&T	3:24.3

75m Hurdles (-1.0)

1	J Tennyson	HPX	13.0 (CBP)
2	D Saxon	SNH	16.0
3	M Williams	D&T	16.2
4	G Laycock	D&T	18.9

High Jump

1	A MacKenzie	LPkSch	1.35m (CBP)
2	D Saxon	SNH	1.25m
3	N Fleming	BAR	1.20m

Long Jump

1	C Daish	HPX	4.62m (+0.4)
2	D Kilbey	SNH	4.09m (+0.0)
3	M Williams	D&T	3.83m (+0.2)

Shot

1	J Gaynor	HPX	5.75m
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Discus

1	D Saxon	SNH	16.09m
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Javelin

1	M Williams	D&T	20.93m (CBP)
2	R Doyle	D&T	16.82m

SENIOR WOMEN**200 metres (+0.5)**

1	L Gale	D&T	26.8
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400 metres

1	E Kemp	SNH	59.4
2	K Woods	BAR	60.4
3	J Winfield	LUT	62.9
4	J Saunders-Mullins	SNH	64.4

800 metres

1	K Woods	BAR	2:20.0
2	S Fensome	SBH	2:21.1
3	J Winfield	LUT	2:28.2
4	C Percy	BAR	2:33.4
5	M O'Brien	D&T	2:34.4
6	C Marsh	HPX	3:15.8

400m Hurdles

1	E Kavanagh	HPX	70.3
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High Jump

1	N Andrews	SNH	1.55m
2	E Kavanagh	HPX	1.50m

Pole Vault

1	N Brunning	D&T	2.80m
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2	S Yeomans	WAT	2.70m
3	N Andrews	SNH	2.50m
4	B Harris	SNH	2.50m
5	C James	WAT	2.20m

Long Jump

1	N Brunning	D&T	5.15m (+1.0)
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Triple Jump

1	N Brunning	D&T	10.64m (+0.2)
2	D Jones	HPX	10.38m (+0.0)

Shot

1	S McLellan	SNH	11.41m
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Hammer

1	N Dudman	HPX	48.92m
2	F Blacktin	HPX	43.68m
3	L Shrosbree	EVAC	32.93m

Javelin

1	H Trichet	SNH	35.46m
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Veteran Women

Pole Vault

1	S Yeomans	W50	WAT	2.70m
2	C James	W45	WAT	2.20m

U20 WOMEN

100 metres (-0.9)

1	D Smith	SNH	12.7
2	K Game	HPX	13.6

200 metres (+0.5)

1	L Jones	HPX	26.8
2	E Baldwin	StA	29.8

400 metres

1	H Wills	HPX	60.3
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800 metres

1	H Beard	SNH	2:08.5 (CBP)
2	H Wills	HPX	2:19.3
3	N Silva	HPX	2:19.9
4	N Taylor	HPX	2:23.5
5	L Cunningham	SNH	2:26.5

100m Hurdles (-0.9)

1	C Andrews	HPX	15.1 (CBP)
2	L Jones	HPX	15.7
3	F McKirdy	SNH	15.8
4	S Cook	HPX	16.5
5	R Carbery	D&T	16.9

400m Hurdles

1	R Carbery	D&T	69.8
2	F McKirdy	SNH	72.1

High Jump

1	N Simpson	SNH	1.55m
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Pole Vault

1	L Shortland	SNH	2.70m
2	L Davies	HPX	2.50m

Discus

1	E Baldwin	StA	25.61m
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Javelin

1	L Jones	HPX	29.63m
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U17 WOMEN**100 metres (+0.7)**

1	N Burrows	HPX	13.5
2	T Cawley	HPX	13.5
3	E Golland	BAR	14.5

200 metres (+0.7)

1	C Adams	D&T	26.5
2	N Burrows	HPX	27.1
3	T Cawley	HPX	27.4
4	M Njagi	HPX	27.4
5	F Olliffe	WAT	27.7
6	E Golland	BAR	29.4
7	N Wallis	BAR	30.4

300 metres

1	C Jaggard	HPX	41.7
2	H Kruse	HPX	44.5
3	C McGowan	SBH	45.0
4	C Gaynor	HPX	45.2

800 metres Heat 1

1	T Muir	HPX	2:26.6
2	J Forde	SNH	2:28.9
3	A Godfrey	D&T	2:30.2
4	R Newstead	SNH	2:31.3
5	Z Wray	BAR	2:36.1
6	R Watt	HPX	2:37.4
7	N Wallis	BAR	2:44.8

800 metres Heat 2

1	C Silva	HPX	2:21.4
2	D Wildman	E&H	2:21.7
3	S Bailey	SNH	2:23.0
4	K Cooper	SNH	2:28.4
5	V Mudd	D&T	2:37.2

800 metres Final

1	C Silva	HPX	2:17.7
2	T Muir	HPX	2:20.2
3	D Wildman	E&H	2:22.2
4	S Bailey	SNH	2:23.1
5	A Godfrey	D&T	2:27.5
6	J Forde	SNH	2:29.1
7	R Newstead	SNH	2:32.7

80m Hurdles (-0.9)

1	H Weekes	SNH	12.3
2	N Burrows	HPX	12.4
3	M Clarke	WSEH	13.7
4	N Farman	HPX	13.7
5	A Jones	StA	13.8
6	L Burgess	D&T	15.6

300m Hurdles

1	C Silva	HPX	46.0 (CBP)
2	H Weekes	SNH	48.1
3	M Clarke	WSEH	49.0
4	N Farman	HPX	51.5
5	L Burgess	D&T	57.0

High Jump

1	G Lakin	StA	1.45m
2	H Kruse	HPX	1.45m
3	N Simmonds	SNH	1.45m
4	T Oyeneye	SNH	1.40m

Pole Vault

1	M Clarke	WSEH	2.20m
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Long Jump

1	C Jaggard	HPX	5.28m (+0.2)
2	N Farman	HPX	4.75m (+0.0)
3	F Oliffe	WAT	4.39m (+0.1)
4	L Hutchinson	SNH	3.95m (+1.4)
5	T Oyeneye	SNH	3.78m (-0.7)

Triple Jump

1	M Njagi	HPX	9.55m (+0.3)
2	L Hutchinson	SNH	8.52m (+0.3)

Shot

1	K Pybus	SNH	10.04m
2	M Flash	D&T	9.93m
3	N Simmonds	SNH	7.50m

Discus

1	M Flash	D&T	29.69m
2	K Pybus	SNH	24.98m
3	L Pahla	StMSch	24.38m
4	M Dady	SNH	20.72m

Hammer

1	M Flash	D&T	32.47m
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Javelin

1	L Capicotto	StMSch	27.72m
2	C McGowan	SBH	21.57m
3	M Dady	SNH	15.61m

U15 GIRLS**100 metres Heat 1 (-1.9)**

1	R Wilcock	WAT	13.8
2	A Watts-Cherry	BAR	14.2
3	R Gallagher	StA	15.3
4	T Sarsfield	BAR	15.7

100 metres Heat 2 (-1.0)

1	M Ajayi	SBH	13.5
2	L James	WAT	13.7
3	S Gaynor	HPX	13.8
4	G Daniels-Moss	HAR	14.7
5	C Ellis	StA	14.9

100 metres Final (+1.7)

1	R Wilcock	WAT	12.7
2	M Ajayi	SBH	13.2
3	L James	WAT	13.2

4	S Gaynor	HPX	13.5
5	G Daniels-Moss	HAR	14.3
6	R Gallagher	StA	14.5
7	A Watts-Cherry	BAR	14.7
8	C Ellis	StA	14.8

200 metres Heat 1 (-0.3)

1	A Lambden	SBH	28.5
2	K Hughes	StA	28.9
3	A Bushell	StA	30.7
4	R Gallagher	StA	32.2

200 metres Heat 2 (+0.5)

1	B Owokoya	SNH	28.2
2	L James	WAT	28.5
3	S Gaynor	HPX	28.7
4	E Stevens	HPX	29.3
5	L Raynor	BAR	30.1

200 metres Final (-1.5)

1	S Gaynor	HPX	27.8
2	L James	WAT	28.2
3	B Owokoya	SNH	28.2
4	A Lambden	SBH	28.6
5	K Hughes	StA	28.8
6	E Stevens	HPX	29.5
7	A Bushell	StA	30.2
8	L Raynor	BAR	31.1

800 metres

1	D Samuels	SNH	2:24.2
2	J Mansell	SNH	2:26.0
3	F Roberts	D&T	2:27.7
4	B McGowan	SBH	2:28.0
5	C Simm	SBH	2:32.0
6	H Barsby	HAR	2:36.3
7	B Duffy	SBH	2:42.6
8	H Sheridan	BAR	2:55.2
9	T Sarsfield	BAR	3:03.0

75m Hurdles (-1.5)

1	S Gaynor	HPX	12.2
2	J Simpson	SNH	12.5
3	E Steele	StMSch	12.7
4	R Blevings	BAR	14.6
5	A Watts-Cherry	BAR	15.0

High Jump

1	S Joy	StA	1.51m
2	A Lambden	SBH	1.48m
3	C Simm	SBH	1.40m
4	H Sheridan	BAR	1.40m
5	E Conybeare	D&T	1.35m
6	A Tranquille-Day	BAR	1.30m
7	C Still	StA	1.30m
8	L Scanes	SNH	1.30m

Long Jump

1	R Hayden	HPX	4.76m (+0.4)
2	A Lambden	SBH	4.56m (+0.3)
3	E Steele	StMSch	4.34m (+0.5)
4	A Bushell	StA	4.05m (+0.0)
5	G Daniels-Moss	HAR	3.81m (+0.3)
6	J Smith	BAR	3.77m (+1.6)
7	T Sarsfield	BAR	3.71m (+1.4)
8	R Blevings	BAR	3.70m (+1.2)
9	A Watts-Cherry	BAR	3.57m (+2.1)
10	L Scanes	SNH	2.85m (+1.2)

Shot

1	S Lewis	StMSch	10.06m
2	B Awokoya	SNH	8.98m
3	J Hughes	StA	7.51m

Discus

1	R Williams	SNH	22.35m
2	A Tranquille-Day	BAR	20.37m
3	L Scanes	SNH	17.80m
4	B Awokoya	SNH	16.77m
5	C Ellis	StA	13.06m

Javelin

1	E Steele	StMSch	28.63m
2	S-A De Kremer	HPX	26.57m
3	R Williams	SNH	24.96m
4	P Lundgren	StA	24.77m
5	A Tranquille-Day	BAR	18.45m
6	E Conybeare	D&T	16.97m

U13 GIRLS**100 metres (+0.6)**

1	D Vidgen	HPX	14.1
2	V Bryant	BAR	14.3
3	V Dixon	BAR	14.4
4	F Gross	SNH	14.8
5	F Bryant	BAR	15.2
6	K Meadows	SNH	15.6

200 metres (-1.0)

1	A Corner	HPX	29.1
2	V Bryant	BAR	29.1
3	A MacLeod	StA	31.3
4	F Bryant	BAR	31.3
5	B Scanes	SNH	32.9

800 metres

1	J Johnson	SBH	2:38.2
2	L Davis	D&T	2:39.8
3	L Murphy	StA	2:41.9
4	S Wilkinson	D&T	2:47.1
5	T Daniels-Moss	HAR	2:47.6

70m Hurdles (+0.7)

1	A Corner	HPX	12.1
2	V Dixon	BAR	12.4
3	D Vidgen	HPX	12.7
4	A MacLeod	StA	14.0

High Jump

1	B Scanes	SNH	1.25m
2	M Jones	StA	1.25m
3	V Bryant	BAR	1.20m
4	C Baseley	StA	1.20m
5	F Gross	SNH	1.05m

Long Jump

1	A Corner	HPX	4.36m (+1.2)
2	B Scanes	SNH	3.73m (+0.8)
3	M Jones	StA	3.70m (+0.5)
4	V Dixon	BAR	3.68m (-0.4)
5	K Meadows	SNH	3.51m (-0.5)
6	F Bryant	BAR	3.47m (+0.6)